



**Cancer
CAREpoint**
COUNSELING • ASSISTANCE • RESOURCES • EDUCATION

Volunteer Group Project

Blanket-making to support cancer patients in
treatment in Silicon Valley

Looking for an employee activity that benefits the community and makes a difference? Groups of approximately 20 individuals can join together for a project that provides team-building and community support for cancer patients.

No-Sew Blankets: purchase flannel material (each blanket takes approximately 1.5 yards of fleece fabric) and will yield a blanket that will provide warmth to a cancer patient undergoing treatment. Detailed instructions on back.



**Contact Erin O'Toole, erin@cancercarepoint.org,
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No-Sew Blanket

Materials

- 1.5 yards fleece fabric—solid or prints suitable for adults; fabric in neutral colors to be used for men or women
- Scissors

Instructions

1. Fold the fabric in half, selvage (finished edge of fabric) to selvage. Always cut through both layers of fabric.



2. Trim off selvage.
3. Trim the short ends so that the fabric is an even rectangle.
4. With fabric still folded, cut a 3"x3" square out of the 2 selvage-edge corners (DO NOT cut corners on the folded edge).



5. With fabric still folded, cut fringes into the cut edges of the fabric. Fringes should measure 1" wide by 3" long. DO NOT cut the folded edge.

