



**Cancer  
CAREpoint**

COUNSELING • ASSISTANCE • RESOURCES • EDUCATION

# *Volunteer Group Project*

## Blanket-making to support cancer patients in treatment in Silicon Valley

Looking for an activity that benefits the community and makes a difference? Groups can join together for a project that provides team-building and community support for cancer patients.

*No-Sew Blankets:* purchase flannel material (each blanket takes approximately 1.5 yards of fleece fabric) and will yield a blanket that will provide warmth to a cancer patient undergoing treatment. Detailed instructions on back.



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Contact [info@cancercarepoint.org](mailto:info@cancercarepoint.org),  
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# No-Sew Blanket

## Materials

- 1.5 yards fleece fabric—solid or prints suitable for adults; fabric in neutral colors to be used for men or women
- Scissors

## Instructions

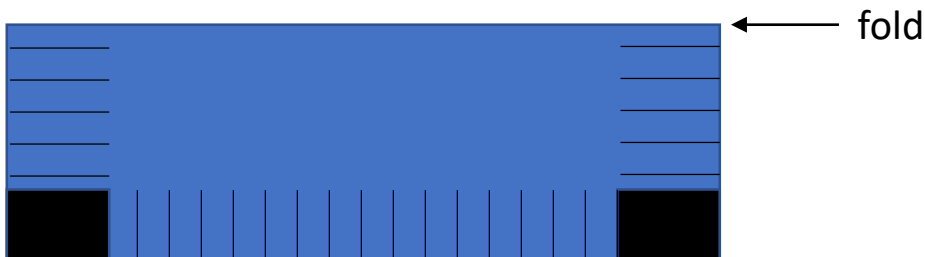
1. Trim the selvage from each edge along the length of the fleece.
2. Fold the fleece in half.



3. Trim the short ends so that the fabric is an even rectangle.
4. With fabric still folded, cut a 3"x3" square out of the 2 selvage-edge corners (DO NOT cut corners on the folded edge).



5. With fabric still folded, cut fringes into the cut edges of the fabric. Fringes should measure 1" wide by 3" long. DO NOT cut the folded edge.



6. Tie a knot in the middle of each fringe. Do not tie the knot too tightly or at the base of the fringe. Do not tie two pieces of fringe together. The blanket should lay flat when finished.

**NOTE:** Cancer CAREpoint cannot accept blankets made or stored in a smoking environment. If you have a pet, please wash & dry the blanket and store in a plastic bag.