



Cancer CAREpoint

COUNSELING • ASSISTANCE • RESOURCES • EDUCATION

Volunteer Group Project: CARE Kits

Help assemble kits that will be delivered to those impacted by cancer in Silicon Valley, including patients in treatment and caregivers. CARE Kits are filled with items to bring comfort, relief, and support, and are available at no charge to the recipients. A team of approximately 20 individuals can assemble approximately 100 bags in two hours.

Your group can purchase items and assemble in boxes provided by Cancer CAREpoint. Completed boxes are returned to Cancer CAREpoint's Resource Center and mailed directly to recipients. You will bring a community of support right to their doorsteps!

Sign up by emailing your interest to info@cancercarepoint.org.

CARE Kits are delivered to our clients free of charge, however we do incur associated supply and shipping expenses. We invite you to help us offset this cost with a suggested \$10/box donation.

Suggested items:

Please ensure organic and unscented as much as possible. Only unopened merchandise will be accepted.

- Travel-sized tissue bags
- Herbal tea (decaf, mint, or chamomile are recommended)
- Hand sanitizer (small bottles)
- Lotions
- Lip balm
- Adult coloring books
- Colored pencils
- No-sew blankets (making these can also be a separate or integrated group volunteer project)
- Teams can also write notes of encouragement to include in the Kits.

Cancer CAREpoint Resource Center
2505 Samaritan Dr., #402, San Jose, CA 95124

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