



## CARE Kit Volunteer Group Opportunity

### What is a CARE Kit?

Our CARE Kits provide a sweet lift-me-up to patients and caregivers during their cancer journey. We assemble our CARE Kits with the help of amazing community volunteers and mail them to our clients' homes. Our kits always include patient essentials like those listed below plus a no-sew fleece blanket (made by volunteers) to keep warm in cold infusion rooms. And, because cancer is a personal journey, we often add personalized items like a copy of The Cancer Diet Cookbook or a hand-knit hat, also made by volunteers.

### What should I buy for each CARE Kit?

- Travel-sized tissue packs (unscented)
- Pair of warm, fuzzy socks in neutral colors
- Box of soothing tea (decaf, mint, or chamomile work well)
- Hand sanitizer (small bottles)
- Unscented body or hand lotion
- Lip balm (unflavored, no menthol)
- Adult coloring books
- Colored pencils + a portable pencil sharpener
- 4 sheets of tissue paper
- No-sew blanket (making these can be a separate group volunteer project)
- Include a hand-written note of support (please use suggested wording provided)

### This sounds like fun. How do I get started?

It's easy to get started! Contact us at [info@cancercarepoint.org](mailto:info@cancercarepoint.org) to let us know what organization or group you represent, your timeline, and how many kits you'd like to make. Typically, a group of 20 can create 100 kits in less than two hours.

### Where do we take the kits when they are done?

We'll give you a Cancer CAREpoint tote bag for every kit you want to make. Then, we'll arrange a time to receive your completed bags at our offices at 2505 Samaritan Drive, Suite 402, San Jose. Our team will box, address, and ship your generously donated CARE Kits to brighten a clients' day!

*Care Kits are delivered to our clients free of charge, however we do incur associated supply and shipping expenses. We invite you to help us offset this cost with a suggested donation of \$10/box.*

**Thanks to your generosity, our clients do not need to face cancer alone.**