

# Highlights of Cancer CAREpoint in 2015

Community investment in Cancer CAREpoint up 30%



Local individuals served by Cancer CAREpoint up 30%

## WHAT WE PROVIDE

**1,251 hours of support group sessions** for different types of cancer, caregivers, teens with parents who are cancer patients, survivors

**705 hours of one-on-one services** including therapeutic massage, nutrition consults, Wig Bank and Healing Touch

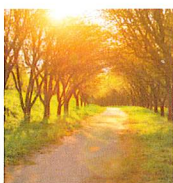


**3,823 hours of informative classes** including nutrition, lymphedema, guided imagery and meditation

**720 hours of individual counseling** with a master's level social worker

## Two important programs in 2015 addressed significant needs of families and cancer survivors

### Survivorship Workshop



An 8-week workshop for cancer survivors was offered three times in 2015. It helps people who have completed treatment process the emotional impact of their cancer

experience and examine pivotal questions about the next chapter of their lives.

### Family CARE Program



This 4-week program for families with a parent diagnosed with cancer helps children and adults communicate about their feelings. It was offered twice in 2015 and has become a regular offering of Cancer CAREpoint in 2016.

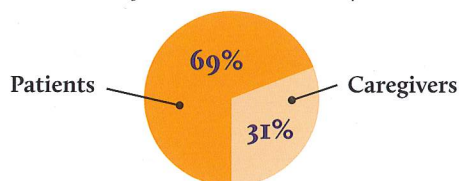
Dear Community,

We are pleased to present this snapshot of Cancer CAREpoint's effectiveness in 2015 in meeting the needs of people in our community whose lives are touched by cancer. Your generous investment in our mission is making a difference for thousands who appreciate the support during one of the most difficult periods of their lives. Thank you for your all-time high donations, your volunteer time (6,000+ hours!), and for continuing to believe in the value of our CARE (Counseling, Assistance, Resources, Education) for cancer patients, their families and caregivers.

Allison Jones Thomson,  
Board Chair

## WHO WE SERVE

Cancer CAREpoint served **1,300+ clients** in 2015, including 869 new clients, a 30% increase over 2014.



Patients receiving medical care for all types of cancer from any hospital or health center are welcome at Cancer CAREpoint including **El Camino, Good Samaritan, Kaiser, O'Connor, Palo Alto Medical Foundation, Regional, Stanford, Valley Medical Center.**

## IMPROVING QUALITY OF LIFE

As a result of Cancer CAREpoint programs, client surveys tell us:

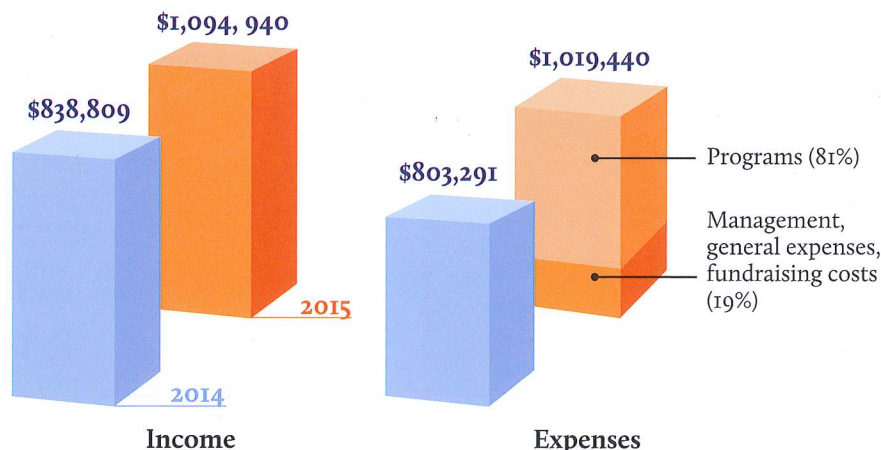


**95%** feel less stress and anxiety

**83%** experience reduced pain

**99.8%** would recommend Cancer CAREpoint programs and services to others

## FINANCIAL STRENGTH



Cancer CAREpoint is committed to ensuring that at least 80% of revenue is used for the delivery of programs and services.